

Medi-Cal Choices

For People with Disabilities and Seniors In Tulare County

This insert can help you decide which kind of Medi-Cal is best for you.

If you live in Tulare County and are a person with a disability or a senior,
you can choose to be in Regular Medi-Cal,
Anthem Blue Cross, or Health Net.

Anthem Blue Cross and Health Net
are Medi-Cal Health Plans.

If you join one of these plans, you still have Medi-Cal.

To learn about the Plans in your county, call

Anthem Blue Cross: 1-800-227-3238

Health Net: 1-800-675-6110

For more information, call

Health Care Options: 1-800-430-4263

Regular Medi-Cal: There is no phone number to call.

Please look inside for more useful phone numbers.



Your Medi-Cal Choices in Tulare County:

- Use this chart to compare your Medi-Cal choices.
- If you want to join Anthem Blue Cross or Health Net, call **Health Care Options** at **1-800-430-4263** and ask for an enrollment packet. You can also enroll over the phone.
- If you want to stay in Regular Medi-Cal, do not do anything.

	Medi-Cal Health Plans		Regular Medi-Cal (No phone number) www.medi-cal.ca.gov	See page:
	Anthem Blue Cross 1-800-227-3238 www.anthem.com/ca	Health Net 1-800-675-6110 www.healthnet.com		
Basic Services				
Basic Medi-Cal Benefits	Same	Same	Same	p. 6
24-Hour Advice Nurse	Yes	Yes	No	p. 12
Customer Service Phone Hours	Mon–Fri 7 am–5 pm	7 days a week 24 hours	None	p. 33
Interpreter Services	Yes	Yes	Call your doctor or clinic.	p. 28
To Get a List of Covered Drugs	1-800-700-2541	1-800-675-6110	Ask your doctor or pharmacist.	p. 14
Costs to You				
Cost for Doctor Visits	\$0	\$0	\$0	p. 8
Cost for Drugs	\$0	\$0	\$0–\$1	p. 8

Hospitals you can go to for medical care are listed below.

You will usually go to the hospitals that your doctor works with.

For hospitals where you can go for mental health care, call 1-559-737-4660.

Anthem Blue Cross	Health Net	Regular Medi-Cal
<ul style="list-style-type: none">• Central Valley General Hospital• Delano Regional Medical Center• Hanford Community Medical Center• Kaweah Delta District Hospital• Kingsburg Medical Center• Sierra Kings District Hospital• Sierra View District Hospital• Tulare District Hospital	<ul style="list-style-type: none">• Central Valley General Hospital• Corcoran District Hospital• Delano Regional Medical Center• Good Samaritan Hospital• Hanford Community Medical Center• Kaweah Delta District Hospital• Kern Valley Healthcare District• Kingsburg District Hospital• Ridgecrest Regional Hospital• Selma Community Hospital• Sierra Kings District Hospital• Sierra View District Hospital• Tulare District Hospital	<ul style="list-style-type: none">• Sierra View District Hospital• Tulare District Hospital

Useful Phone Numbers

Denti-Cal

1-800-322-6384

For information about dental care that is covered by Medi-Cal for people under age 21

Tulare County Department of Aging and Veteran Services

1-559-730-9920

For information and referrals to many services for people with disabilities and seniors

Tulare County Department of Mental Health Services

1-559-737-4660

For information about Mental Health Services

Alcohol and Drug Programs

1-559-733-6123

For help with alcohol and drug problems